

## Privacy Policy

This privacy policy applies between you, the User of this Website, and Temple Fitness, the owner and provider of this Website. Temple Fitness takes the privacy of your information very seriously. This privacy policy applies to our use of any and all Data collected by us or provided by you in relation to your use of the Website.

Please read this privacy policy carefully.

## Definitions and Interpretation

In this privacy policy, the following definitions are used:

**Data:** Collectively all information that you submit to Temple Fitness via the Website.

**Cookies:** A small text file placed on your computer by this Website when you visit certain parts of the Website and/or when you use certain features of the Website.

**Temple Fitness, we or us:** Temple Fitness.

**UK and EU Cookie Law:** The Privacy and Electronic Communications (EC Directive) Regulations 2003 as amended.

**User or you:** Any third party that accesses the Website and is not either (i) employed by Temple Fitness and acting in the course of their employment or (ii) engaged as a consultant or otherwise providing services to Temple Fitness.

**Website:** The website that you are currently using, [www.temple-fitness.com](http://www.temple-fitness.com), and any sub-domains of this site unless expressly excluded by their own terms and conditions.

## Scope of this Privacy Policy

This privacy policy applies only to the actions of Temple Fitness and Users with respect to this Website. It does not extend to any websites that can be accessed from this Website, including but not limited to, any links we may provide to social media websites.

## Data Collected

We may collect the following Data from you:

- Name
- Contact information such as email addresses and telephone numbers

## Our Use of Data

For purposes of data protection law, Temple Fitness is the “data controller.” We will retain any Data you submit for up to 6 months. Unless we are obliged or permitted by law, your Data will not be disclosed to third parties. All personal Data is stored securely. Data may be used by us for internal record keeping and to provide you with the best possible service.

### **Third-Party Websites and Services**

Temple Fitness may employ the services of other parties for processes necessary for the operation of the Website. These providers do not have access to certain personal Data provided by Users.

### **Links to Other Websites**

This Website may provide links to other websites. We have no control over such websites and are not responsible for their content. You are advised to read the privacy policy of other websites before using them.

### **Changes of Business Ownership and Control**

Temple Fitness may expand or reduce its business, and this may involve the transfer of control of all or part of Temple Fitness. Data relevant to any transferred part of the business will, under the terms of this privacy policy, be permitted to be used by the new owner.

### **Controlling Use of Your Data**

Wherever you are required to submit Data, you will be given options to restrict our use of that Data. This may include:

- Use of Data for direct marketing purposes
- Sharing Data with third parties

### **Functionality of the Website**

To use all features and functions available on the Website, you may be required to submit certain Data.

### **Accessing Your Own Data**

You have the right to ask for a copy of any of your personal Data held by Temple Fitness (where such Data is held).

### **Security**

Temple Fitness has put in place suitable physical, electronic, and managerial procedures to safeguard Data collected via this Website. However, transmission of information over the internet is not entirely secure and is done at your own risk.

### **Cookies**

This Website may place and access certain Cookies on your computer. Temple Fitness uses Cookies to improve your experience and our services. All Cookies used by this Website are in accordance with current UK and EU Cookie Law.

You can choose to enable, disable, or delete Cookies in your internet browser. You may lose some personalisation settings if Cookies are disabled.

## **General**

You may not transfer any of your rights under this privacy policy to another person. This privacy policy is governed by and interpreted according to English law. All disputes are subject to the exclusive jurisdiction of the English courts.

## **Changes to this Privacy Policy**

Temple Fitness reserves the right to change this privacy policy as necessary or as required by law. Any changes will be posted on the Website, and you are deemed to have accepted the terms on your first use of the Website following the alterations.

## **Contact Us**

You may contact Temple Fitness by:

- Email: [info@temple-fitness.com](mailto:info@temple-fitness.com)
- Telephone: 07808 175 933